GROCERY LIST MEAL PLANNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY

FRIDAY	SATURDAY	SUNDAY	OTHER

FRESH PRODUCE		DAIRY		NON-PERISHABLE	
☐		☐		☐	
☐		☐		☐	
☐		☐		☐	
☐		☐		☐	
☐		☐		☐	
☐		**MEAT**		☐	
☐		☐		☐	
☐		☐		☐	
☐		☐		☐	
☐		☐		☐	
☐		☐		☐	

SNACKS				SUPPLIES			
☐		☐		☐		☐	
☐		☐		☐		☐	
☐		☐		☐		☐	
☐		☐		☐		☐	

REFRIGERATED & FROZEN						OTHER	
☐		☐		☐		☐	
☐		☐		☐		☐	
☐		☐		☐		☐	
☐		☐		☐		☐	

TaskManager
https://taskmanager.com/