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| **Plant Power Meal Planner 🌱** |
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|  | **⚪ Monday** |  | **⚪ Tuesday** |  | **⚪ Wednesday** |  | **⚪ Grocery List** |  |
|  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  | **⚪ Thursday** |  | **⚪ Friday** |  | **⚪ Saturday** |  |[ ]   |  |
|  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |  |  |  | ☆☆☆☆☆ |  |[ ]   |  |
|  | **⚪ Sunday** |  | **⚪ Recipes List** |  | **⚪ Notes** |  |
|  | **Meal** | **Cook Time** | **Recipe Link** | **Rating** |  |  |  |  |  |  |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  |  |  |  |
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|  |  |  |  | ☆☆☆☆☆ |  |  |  |  |  |  |  |
|  |  |  |  | ☆☆☆☆☆ |  |  |  |  |  |  |  |